

## **Monday**

After we had eaten a very delicious pizza on Sunday evening, we met at **Apladalsskola** at 8 am the next morning. In the nice and new canteen, the headmistress .... **and the headmaster Martin** .... welcomed us to Värnamo and wished us a good stay. Afterwards, we attended our exchange students' lessons. There, we could experience what school is like in Sweden. In our opinion, the atmosphere is more relaxed than in Germany. But maybe that is because we had been there one week before the summer holidays started... At 11.30 am, we had lunch in the canteen. The food was quiet yummy and you could take as much food from the buffet as you wanted to eat. After this meal, with new power, we got to know the town of Värnamo **by going on/making a rally**. Then we went home with our Swedish exchange students and had some free time. The next meeting took place at 6 pm at the beautiful lake Osudden. There we had a barbecue, f. ex. with delicious Cevapcici. Some brave guys, like us, even went swimming in the ice-cold lake, others played volleyball, sat on the beach and enjoyed the Swedish sunset. Another fantastic day ended.

**Luca Redeker & Jan-Christopher Falke**